

*Our Cowichan Communities Health Network Membership 2026*

<b>Name</b>	<b>Organization</b>
Abby Sauchuck	Literacy Now Cowichan
Adrianna Solar	Early Childhood Educators of BC
Alistair MacGregor	Cowichan Tribes
Amanda Vance	Cowichan Intercultural Society
Andrea Dillingham- Lacoursiere	Ethos
Anita McLeod (Leadership Table)	Citizen at Large- Ladysmith
Ben Maartman	CVRD Director
Bev Suderman	Cowichan Women's Health Collective
Cailey Foster	CAT Peer Coordinator
Carla Bortoletto	Cowichan Division of Family Practice
Carolyn Austin	Town of Lake Cowichan Councillor
Carmen Hildebrand	Ladysmith Resources Association
Carol Newington	City of Duncan
Cathy Robertson	Community Futures
Christine Fagan	Volunteer Cowichan
Christopher Justice	Municipality of North Cowichan
Cindy Lise (Facilitator)	OCCHN Facilitator
Emily Holmes	Cowichan Neighbourhood House
Emma James	Island Health Director
Debra Toporowski	MLA
Denise McKinley	Cowichan District Hospital Foundation
Denise Williams (Leadership)	CVRD Manager Cowichan Lake Parks and Rec
Dianne Hinton	Cowichan Housing Association
Douglas Andrusiek	BC Rural and Remote Coordination
Elizabeth Croft (Co-Chair)	School District 79 Trustee
Erin Kapela	Canadian Mental Health Association
Fernanda Gutierrez Matos	Island Health
Henry Wikkerink	Cowichan Valley Basket Society
Heather Taylor NP	Member at Large
Ian Morrison	CVRD Director
Jane Hope	Alzheimer Society of BC
Jane Osborne	BC Response Networks
Jennifer Jones (Co-Chair)	Island Health
Karen Deck	CVRD Director
Karen Harrison/Alternate	Canadian Mental Health Association
Kate Segall	CVRD Director
Kathryn Johnson/Alternate	Chemainus Hospital Community Foundation
Kortnee Smith	Cowichan Green Community

Linda Dirksen Gale	Cowichan Caregivers Support Society
Lisa Scott	Cowichan Women Against Violence
Leslie Welin	Clements Centre Society
Mark Saunders	Cowichan Primary Care Society
Megan Henderson	Island Health
Michelle Staples	Social Planning Cowichan
Mike McKinlay	City of Duncan
Naomi Low	Cowichan District Hospital Foundation
Paul Edwards	Chemainus Hospital Community Foundation
Ray Gourlay	Town of Ladysmith Councillor
Rhoda Taylor	Citizen at Large
Rob Hutchins	Citizen at Large
Robin Routledge	Citizen at Large
Sierra Acton	CVRD Director
Sheila Service (Co Chair)	Community Member Town of Lake Cowichan
Shelley Kuecks	Cowichan Brain Injury Society
Thea Hitchcock	Downtown Duncan Business Association
Tim McGonigle/Alternate	Mayor of Lake Cowichan
Tracy Pocock	Community Action Team Peer
Tracey Stephenson	Cowichan Primary Care Society
Val Nicol (Leadership Table)	Health Consultant
Valorie Masuda	Cowichan Division of Family Practice
Zoe Lauckner	Cowichan Valley Youth Services